

**Cartagena Pre-Congress Day  
April 26, 2009**

**Over 50 non-surgical participants.**

| Name                            | Country      | e-mail   | Interested in joining core group for guidelines |
|---------------------------------|--------------|--|---|
| Silvana Toledo                  | Uruguay      | <a href="mailto:tolegome@chasque.net">tolegome@chasque.net</a>                           |   |
| Noemi Moretti                   | Argentina    | <a href="mailto:ngmoretti@filertel.com.ar">ngmoretti@filertel.com.ar</a>                 |   |
| Richard Guzman A                | Colombia     | <a href="mailto:Richardguz2@hotmail.com">Richardguz2@hotmail.com</a>                     |   |
| Alberto Tlacuilo-Parra          | Mexico       | <a href="mailto:albtlacuilo@yahoo.com">albtlacuilo@yahoo.com</a>                         |   |
| Claudia P. Rico                 | Colombia     | <a href="mailto:claudiaprico@hotmail.com">claudiaprico@hotmail.com</a>                   | yes   |
| Laura Movsisyan                 | Armenia      | <a href="mailto:laura@web.am">laura@web.am</a>   |   |
| Ernestine Bruinders             | South Africa | <a href="mailto:Ebruinde@pgwc.gov.za">Ebruinde@pgwc.gov.za</a>                           | Yes   |
| Catherine Eria                  | USA          | <a href="mailto:ceria@partners.org">ceria@partners.org</a>                               |   |
| Jackeline Aquedelo              | Colombia     | <a href="mailto:jackelinaquedelo@yahoo.es">jackelinaquedelo@yahoo.es</a>                 |   |
| Gerardo A Tobito C              | Colombia     | <a href="mailto:Gerardo_Tobito@yahoo.com.ar">Gerardo_Tobito@yahoo.com.ar</a>             |   |
| Natasa Jankovic                 | Serbia       | <a href="mailto:najank@hotmail.com">najank@hotmail.com</a>                               |   |
| Yegana Azizoba                  | Azerbaijan   | <a href="mailto:Yegana.azizoba@yahoo.com">Yegana.azizoba@yahoo.com</a>                   |   |
| Adriana Orejuela Upegui         | Colombia     | <a href="mailto:adnanaorejuela@gmail.com">adnanaorejuela@gmail.com</a>                   | yes   |
| Claudia FrancoMosale            | Colombia     | <a href="mailto:claufromon@yahoo.es">claufromon@yahoo.es</a>                             | yes   |
| Leemans Joelle                  | Belgium      | <a href="mailto:jo@tribumahieu.be">jo@tribumahieu.be</a>                                 |   |
| Nicole Graham                   | Canada       | <a href="mailto:ngraham@hrsrh.on.ca">ngraham@hrsrh.on.ca</a>                             | yes   |
| Lily Konge Kwong                | Malayasia    | <a href="mailto:Kwong6970@yahoo.com">Kwong6970@yahoo.com</a>                             |   |
| Maria Matilde Rosas Chacon      | Venezuela    | <a href="mailto:matirosas@gmail.com">matirosas@gmail.com</a>                             | yes   |
| Rafael Fiore H                  | Venezuela    | <a href="mailto:Dr.fiore.MD@gmail.com">Dr.fiore.MD@gmail.com</a>                         |   |
| DeLcy Guevara                   | Venezuela    | <a href="mailto:Delcy60@hotmail.com">Delcy60@hotmail.com</a>                             |   |
| Lee Short                       | UK           | <a href="mailto:Lee.short@nhs.net">Lee.short@nhs.net</a>                                 |   |
| Thuvia Flannery                 | UK           | <a href="mailto:Thuvia.flannery@leedsth.co.uk">Thuvia.flannery@leedsth.co.uk</a>         |   |
| Rachel Tikinsky                 | Israel       | <a href="mailto:tikoti@netvision.net.il">tikoti@netvision.net.il</a>                     | Yes   |
| Abdallah Kahla                  | Algeria      | <a href="mailto:kahla@hotmail.com">kahla@hotmail.com</a>                                 | Yes   |
| Pamela Narayan                  | India        | <a href="mailto:pamelanarayan@yahoo.co.in">pamelanarayan@yahoo.co.in</a>                 | yes   |
| Angie Forsyth                   | USA          | <a href="mailto:angelaforstyth@yahoo.com">angelaforstyth@yahoo.com</a>                   | Yes   |
| Dauty Marc                      | France       | <a href="mailto:Marc.dauty@chu-nantes.fr">Marc.dauty@chu-nantes.fr</a>                   | yes   |
| Maria Alejandra Bolivar Poladio | Colombia     | <a href="mailto:mariaalejabolivar@hotmail.com">mariaalejabolivar@hotmail.com</a>         | yes   |
| Rikke Beyer                     | Denmark      | <a href="mailto:rikkebeyer@yahoo.dk">rikkebeyer@yahoo.dk</a>                             | Guidelines for muscle bleeds                    |
| Sofia Perez Alenda              | Spain        | <a href="mailto:Sofia.perez-alenda@uv.es">Sofia.perez-alenda@uv.es</a>                   | yes   |
| Rubencuesta Barrivso            | Spain        | <a href="mailto:cuesta@hemofilia.com">cuesta@hemofilia.com</a>                           | yes   |
| Matthew Stewart                 | Australia    | <a href="mailto:Matthew_stewart@health.qld.gov.au">Matthew_stewart@health.qld.gov.au</a> | yes   |
| Nick Zourikian                  | Canada       | <a href="mailto:rniak@yahoo.com">rniak@yahoo.com</a>                                     | yes   |

|                          |          |  |     |
|--------------------------|----------|--|-----|
| Sharon Funk              | USA      | <a href="mailto:Sharon.funk@ucdenver.edu">Sharon.funk@ucdenver.edu</a>                 | yes |
| Isabel Crustra Lobia Hom | Colombia | <a href="mailto:Cristo1785@gmail.com">Cristo1785@gmail.com</a>                         |     |
| Alberto Marisancen       | Colombia | <a href="mailto:rehabilitamos@gmail.com">rehabilitamos@gmail.com</a>                   |     |
| Greig Blamey             | Canada   | <a href="mailto:gblamey@hsc.mb.ca">gblamey@hsc.mb.ca</a>                               |     |
| Sandra Squire            | Canada   | <a href="mailto:ssquire@providencehealth.bc.ca">ssquire@providencehealth.bc.ca</a>     |     |
| Luis Gustavon Beltrame   | Brazil   | <a href="mailto:luisbeltrame@gmail.com">luisbeltrame@gmail.com</a>                     |     |
| Mariana Sayago           | Brazil   | <a href="mailto:luisbeltrame@gmail.com">luisbeltrame@gmail.com</a>                     |     |
| Paul McLaughlin          | UK       | <a href="mailto:Paul.mclaughlin@royalfree.nhs.uk">Paul.mclaughlin@royalfree.nhs.uk</a> | yes |
| Ann McCarthy             | UK       | <a href="mailto:Ann.mccarthy@royalfree.nhs.uk">Ann.mccarthy@royalfree.nhs.uk</a>       |     |
| Anna Wells               | UK       | <a href="mailto:Anna.wells@bnhft.nhs.uk">Anna.wells@bnhft.nhs.uk</a>                   |     |
| Steve Classey            | UK       | <a href="mailto:Stephen.classey@gstt.nhs.uk">Stephen.classey@gstt.nhs.uk</a>           |     |
| Angelica Maria Vargas    | Colombia | <a href="mailto:Angelicam44@hotmail.com">Angelicam44@hotmail.com</a>                   |     |
| Ruben Cuesta Barriuso    | Spain    | <a href="mailto:cuesta@hemofilia.com">cuesta@hemofilia.com</a>                         |     |
| Rosavra Navarro          | Peru     | <a href="mailto:Emero_1988@yahoo.es">Emero_1988@yahoo.es</a>                           |     |

The **main topic** of the pre-congress day was **Standards or Guidelines**.

Many questions and options were raised:

1. Non-surgical standards
  - i. all the disciplines
  - ii. guidelines
    - a. operational
    - b. treatment more important-with access to factor or without access to factor.
  
2. Assessment guidelines
  - i. detailed joint scores
  - ii. functional scores

Hemophilia Joint Health score-early joint disease and prophylaxis

HAL

FISH

### **Standardized Training Workshops**

1. Comprehensive care
2. Different training areas
3. Introductory course/workshop
4. Intermediate course/workshop
5. Advanced course/workshop
6. IHTC
7. Train the trainer

### **Ideas for future pre-congress days**

Hydrotherapy-practical, therapeutic exercises, taping, shiatsu-yoga, gait-practical, shoulder treatment, pros/cons for ice other techniques, education for new physios, electrotherapy, functional activities, research.